

## Burton 4-H Center Environmental Education Program Menu

These menu items are subject to change without prior notice

Day 1		
	<u><b>Lunch</b></u> Chicken Fajitas Chips Lettuce/tomatoes/cheese Cookies Fruit punch	<u><b>Dinner</b></u> Meat loaf (beef) Mac & cheese Green beans Salad and rolls Ice cream cups Punch/iced tea for adults
Day 2		
<u><b>Breakfast</b></u> Eggs, grits, biscuits Sausage patties (pork) Fruit Cereal and milk Orange or apple juice Coffee for adults	<u><b>Lunch</b></u> Pizza (cheese or pepperoni) Veggie tray Corn Rice Krispies treat Fruit Punch	<u><b>Dinner</b></u> Taco salad (with ground turkey and corn chips) Lettuce/tomatoes/cheese Fruit Pudding Punch/iced tea for adults
Day 3		
<u><b>Breakfast</b></u> Pancakes Sausage links (pork) Fruit Cereal and milk Orange or apple juice Coffee for adults	<u><b>Sack lunch to go</b></u> Sliced turkey and cheese sandwich Chips Cookie Juice box Apples by request only*	

### **FOOD ALLERGIES/RESTRICTIONS**

We must be notified of food allergies or diet restrictions 30 days before arrival by your group leader. We do not prepare alternate menu items unless we know in advance that guests will need special diet accommodations. Vegetarian diets, nut and shellfish allergies and religious restrictions are common and will not be a problem but please let us know about them. For severe gluten, dairy and egg allergies, and vegan diets please call our office so we can be sure there is a plan in place to accommodate those needs.

Please call or email us with any questions.

David Weber, program coordinator  
 Burton 4-H Center on Tybee Island  
 912-786-5534  
 dweber@uga.com